

SEVERE ALLERGY PREVENTION PLANS

Severe Allergy Prevention Plans should include the following:

1. Epi-pens with the physician's order should be kept in a high, unlocked health clinic location. For students with permission to carry an Epi-pen, a back-up is placed in the clinic.
2. Nurse provides education during the first week of school for all staff members who have charge of the student in order to a) share signs and symptoms of anaphylaxis, b) describe strategies to prevent allergen exposure, c) list steps to take in an emergency, and d) demonstrate Epi-pen administration.
3. Trained staff person on each field trip who carries the student's Epi-pen.
4. Directions for personnel to call 9-1-1 and to contact the parent/guardian to inform of the current situation if a child is experiencing a reaction and/or is in need of medication (Epi-Pen)
5. Methods of informing substitute teachers of the Severe Allergy Care Plan in case the regular teacher is absent.
6. Designated lunch table (if needed) for students with food allergies and their friends. Before lunch, the table is washed thoroughly.
7. Snack and party restrictions (for food allergies) to avoid cross-contamination; no shared snacks.

In extreme cases the following step may be included:

8. Letter to parents of classmates with a list of foods that are restricted due to an unnamed classmate's allergy. This should be discussed with the allergic child's parents in advance.

(Adoption date: April 16, 2009)