

fairfield

Cycle No. 1 thru Cycle No. 20 Cycle Spreadsheet - Portion Values Elementary

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Week 1 - Monday																
Elementary	Total	1														
Hamburger Patty	1 patty	1	119	40	423	1.00	2.16	30.0	50	10	0.0	16.0	2.0	6.0	2.00	0.00
Bun, Hamburger, Grain Essentia	1 bun	1	140	0	280	2.00	1.08	40.0	0	0	0.0	5.0	28.0	1.5	0.00	0.00
Cheese, american (sliced from	14g	1	55	13	190	0.00	0.00	75.0	150	30	0.0	3.0	0.5	4.5	2.50	0.00
Mustard/Ketchup	1 set	1	10	0	88	0.00	0.00	0.0	0	0	0.0	0.0	1.5	0.0	0.00	*0.00
Applesauce	1/4 cup	1	40	0	0	0.50	0.00	0.0	0	0	30.0	0.0	10.5	0.0	0.00	0.00
Green beans	1	1	50	0	760	4.00	0.00	40.0	400	80	7.2	2.0	8.0	0.0	0.00	0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00
Weighted Daily Average			558	62	1866	7.50	3.56	485.0	1100	220	38.52	34.00	78.70	14.25	5.85	*0.00
% of Calories												24.4%	56.4%	23.0%	9.4%	*0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			87%	62%	124%	150%	108%	182%	106%		257%	387%				
Shortfall			82	38												

Week 1 - Tuesday																
Elementary	Total	1														
Chicken Tenders	4 pc	1	294	60	869	1.34	2.41	26.7	134	27	0.0	18.72	20.05	16.04	4.01	0.00
Mashed Potatoes - potato pearl	1/2 cup	1	74	0	343	1.20	0.18	10.0	0	0	3.6	1.4	14.6	1.1	0.10	0.00
Gravy, chicken trio	1 oz.	1	18	0	145	0.00	0.00	0.0	0	0	0.0	0.0	3.0	0.5	0.25	0.00
Wheat Roll-Klosterman	oz.	1	70	0	140	1.00	0.72	40.0	0	0	0.0	2.0	14.0	1.0	0.00	0.00
Sherbet Cup - Assorted flavors	1 serving	1	122	5	35	0.33	0.24	40.0	50	10	24.0	0.67	27.0	1.83	1.00	0.00
BBQ Sauce Cups - 1 oz.	1	1	39	0	202	0.30	0.36	0.0	0	0	0.0	0.4	9.5	0.2	0.10	0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00
Weighted Daily Average			761	74	1860	4.17	4.23	416.7	684	137	28.92	31.18	116.35	22.93	6.81	0.00
% of Calories												16.4%	61.2%	27.1%	8.1%	0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			119%	74%	124%	83%	128%	156%	66%		193%	355%				
Shortfall				26		0.83			349							

Week 1 - Wednesday																
Elementary	Total	1														
Pizza Specialty - Donatos Chee	1 slice	1	122	30	662	2.50	1.89	215.0	350	70	3.3	13.5	32.5	12.5	7.00	0.00
Broccoli/Caulifolower mix	1/2 cup	1	9	0	23	1.67	0.18	0.0	83	17	20.0	0.0	1.33	0.0	0.00	0.00
Ranch Vegetable Dip - fat free	1 portion c	1	30	0	430	1.00	0.00	0.0	0	0	0.0	0.0	7.0	0.0	0.00	0.00
Fruit - choice	1/4 cup	1	37	0	2	0.65	0.04	3.0	97	16	8.22	0.07	9.0	0.03	0.00	*0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00

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¹ - denotes optional nutrient values

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Cycle No. 1 thru Cycle No. 20 Cycle Spreadsheet - Portion Values Elementary

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			342	40	1243	5.81	2.44	518.0	1030	202	32.84	21.57	78.03	14.78	8.35	*0.00
% of Calories												25.2%	91.2%	38.9%	22.0%	*0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			53%	40%	83%	116%	74%	194%	100%		219%	246%				
Shortfall			298	60	257		0.86		3					OVER	OVER	

Week 1 - Thursday																
Elementary	Total	1														
Spaghetti Sauce - JTM	.5 cup	1	125	38	549	1.51	1.50	30.3	681	136	13.62	11.35	6.81	5.3	2.27	0.00
Pasta, spaghetti	1/2 cup	1	105	0	0	1.00	0.99	0.0	0	0	0.0	3.5	21.0	0.5	0.00	0.00
Salad, 1/2 cup romaine mix	serving	1	18	0	12	1.00	0.54	30.0	2100	420	10.8	1.0	4.0	0.0	0.00	0.00
Salad Dressing, Ranch FF, Saue	packet	1	10	0	125	0.00	0.00	20.0	0	0	0.0	0.0	3.0	0.0	0.00	0.00
Pineapple, diced	1/4 cup	1	40	0	0	0.50	0.18	0.0	0	0	4.5	0.0	10.0	0.0	0.00	0.00
Breadstick, Wheat - Pierre	1 breadstic	1	110	0	150	1.00	0.36	20.0	0	0	2.4	3.0	22.0	1.5	0.00	0.00
Cheddar Cheese cup	1 oz.	1	111	30	182	0.00	0.00	202.5	304	61	0.0	7.09	4.05	9.11	5.06	0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00
Weighted Daily Average			663	78	1144	5.01	3.89	602.8	3585	717	32.64	33.94	99.06	18.66	8.68	0.00
% of Calories												20.5%	59.7%	25.3%	11.8%	0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			104%	78%	76%	100%	118%	226%	347%		218%	387%				
Shortfall				22	356										OVER	

Week 1 - Friday																
Elementary	Total	1														
Tortilla chips - 2 oz.	package	1	290	0	210	4.00	1.08	60.0	0	0	2.4	4.0	36.0	2.0	0.00	0.00
Cheese, nacho 3 oz. cup	3 oz.	1	130	30	780	0.00	0.00	0.0	0	0	1.2	8.0	4.0	9.0	6.00	0.00
Beans, refried	1/2 cup	1	90	0	490	4.00	1.80	40.0	0	0	0.0	6.0	16.0	2.0	1.00	0.00
Carrot Sticks - package	2 packages	1	20	0	40	1.00	0.00	0.0	4000	800	4.8	0.0	6.0	0.0	0.00	0.00
Ranch Vegetable Dip - fat free	1 portion c	1	30	0	430	1.00	0.00	0.0	0	0	0.0	0.0	7.0	0.0	0.00	0.00
Fruit, Mixed	1/4 cup	1	40	0	2	0.50	0.00	0.0	100	20	0.6	0.0	9.0	0.0	0.00	0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00
Weighted Daily Average			744	39	2078	10.50	3.20	400.0	4600	920	10.32	26.00	106.20	15.25	8.35	0.00
% of Calories												14.0%	57.1%	18.4%	10.1%	0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			116%	39%	139%	210%	97%	150%	445%		69%	296%				
Shortfall				61			0.10				4.68				OVER	

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Week 2 - Monday																
Elementary	Total	1														
Hot Dog, Turkey 2 oz. - GFS	1 ea	1	121	49	690	0.00	0.90	80.0	0	0	0.0	7.0	2.0	9.0	3.00	0.00
Bun, Hot Dog 6" UltraGrain Klo	1 each	1	120	0	210	1.00	0.72	40.0	0	0	0.0	4.0	23.0	1.5	0.00	0.00
Hot dog cond. mustard/ketchep	set	1	30	0	281	0.00	0.00	0.0	0	0	0.0	0.0	6.0	0.0	0.00	*0.00
Pears, Del Monte	1/4 cup	1	40	0	5	1.00	0.00	0.0	0	0	0.6	0.0	9.5	0.0	0.00	0.00
Baked Beans - Fairfield recipe	1/2 cup	1	170	0	589	5.33	1.66	55.3	262	41	2.64	6.38	40.01	0.52	0.10	*0.00
Chocolate Chip Cookie - Darlin	1 each	1	121	0	81	0.00	0.49	0.0	0	0	0.0	1.35	18.9	5.4	1.35	0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00
Weighted Daily Average			747	59	1981	7.33	4.09	475.3	762	141	4.56	26.73	127.61	18.67	5.80	*0.00
% of Calories												14.3%	68.3%	22.5%	7.0%	*0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			117%	59%	132%	147%	124%	178%	74%		30%	304%				
Shortfall				41					271		10.44					

Week 2 - Tuesday																
Elementary	Total	1														
Chicken, Popcorn, Homestyle	16 pc	1	275	38	300	1.25	1.80	25.0	125	25	0.0	12.5	18.75	16.25	3.75	0.00
Condiments-Popcorn Chic	serving	1	36	0	184	0.13	0.16	0.9	137	27	0.04	0.22	8.08	0.53	0.11	*0.00
Sweet Potato Fries	2 oz.	1	87	0	73	2.00	0.24	13.3	2333	467	4.0	0.67	14.67	3.33	0.00	0.00
Wheat Roll-Klosterman	oz.	1	70	0	140	1.00	0.72	40.0	0	0	0.0	2.0	14.0	1.0	0.00	0.00
Margarine, Country premium 5 g	portion	1	20	0	35	0.00	0.00	0.0	200	40	0.0	0.0	0.0	2.5	0.00	0.00
Mandarin Oranges	1/4 cup	1	26	0	1	0.88	0.07	18.0	332	45	13.02	0.39	6.5	0.15	0.02	*N/A*
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00
Weighted Daily Average			657	47	858	5.26	3.32	397.2	3627	704	18.37	23.78	90.20	26.01	5.23	*0.00
% of Calories												14.5%	54.9%	35.6%	7.2%	*0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			103%	47%	57%	105%	101%	149%	351%		122%	271%				
Shortfall				53	642									OVER		

Week 2 - Wednesday																
Elementary	Total	1														
Pancakes, Whole Grain, Aunt Ja	2 each	1	152	7	251	1.98	0.95	26.4	0	0	0.0	3.3	26.4	3.96	0.66	0.00
Syrup, portion cup 1.5 oz.	1 ea	1	120	0	0	0.00	0.00	0.0	0	0	0.0	0.0	31.0	0.0	0.00	0.00
KETCHUP: individual	Pkt 6g	1	12	0	134	0.04	0.06	2.2	112	12	1.81	0.21	3.02	0.04	0.01	*N/A*
Potato, Smiley Ore-Ida	4 pc	1	130	0	180	2.00	0.36	0.0	0	0	2.4	2.0	20.0	5.0	1.00	0.00
Eggs, Omelet, Cheese	59.5 grams	1	210	305	500	0.00	1.08	150.0	500	100	0.0	12.0	3.0	17.0	6.00	0.00
Orange slices, portion pack	package	1	30	0	0	2.00	0.00	0.0	0	0	33.0	1.0	7.0	0.0	0.00	0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00

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Weighted Daily Average			797	321	1189	6.02	2.78	478.6	1112	212	38.53	26.51	118.62	28.25	9.02	*0.00
% of Calories												13.3%	59.5%	31.9%	10.2%	*0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			125%	321%	79%	120%	84%	179%	108%		257%	302%				
Shortfall					311		0.52							OVER	OVER	

Week 2 - Thursday																
Elementary	Total	1														
Bread, Loco Ultra Whole Grain	pc	1	140	0	260	3.00	1.44	60.0	0	0	0.0	5.0	25.0	3.0	1.00	0.00
Taco Filling, Beef, Reduced Fa	serving	1	113	19	273	1.90	1.88	38.0	570	114	4.56	12.35	3.8	5.7	1.90	0.00
Soft Taco lettuce	.5 cup	1	5	0	3	0.33	0.12	6.6	66	13	1.19	0.33	0.99	0.0	0.00	0.00
broccoli	.5 cup	1	25	0	25	2.00	0.36	20.0	500	100	36.0	2.0	4.0	0.0	0.00	0.00
Apple, slices, portion pack	pack	1	30	0	0	1.00	0.00	20.0	0	0	21.0	0.0	7.0	0.0	0.00	0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00
Weighted Daily Average			457	29	686	8.23	4.12	444.6	1636	327	64.07	27.68	68.99	10.95	4.25	0.00
% of Calories												24.2%	60.4%	21.6%	8.4%	0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			71%	29%	46%	165%	125%	167%	158%		427%	315%				
Shortfall			183	71	814											

Week 2 - Friday																
Elementary	Total	1														
Breadstick, cheesy S & F	pc	1	300	35	610	1.00	2.70	200.0	200	40	0.0	15.0	37.0	10.0	3.00	0.00
Marinara portion cup - 2 oz.	portion cup	1	25	0	330	1.00	0.72	20.0	250	50	3.0	1.0	6.0	0.0	0.00	0.00
Applesauce	1/4 cup	1	40	0	0	0.50	0.00	0.0	0	0	30.0	0.0	10.5	0.0	0.00	0.00
Salad, 1/2 cup romaine mix	serving	1	18	0	12	1.00	0.54	30.0	2100	420	10.8	1.0	4.0	0.0	0.00	0.00
Salad Dressing, Ranch FF, Saue	packet	1	10	0	125	0.00	0.00	20.0	0	0	0.0	0.0	3.0	0.0	0.00	0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00
Weighted Daily Average			537	45	1202	3.50	4.28	570.0	3050	610	45.12	25.00	88.70	12.25	4.35	0.00
% of Calories												18.6%	66.1%	20.5%	7.3%	0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			84%	45%	80%	70%	130%	213%	295%		301%	285%				
Shortfall			103	55	298	1.50										

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Week 3 - Monday																
Elementary	Total	1														
Pizza, personal round - cheese	128 g	1	300	15	600	3.00	1.80	300.0	300	60	0.0	15.0	37.0	10.0	4.00	0.00
Salad, 1/2 cup romaine mix	serving	1	18	0	12	1.00	0.54	30.0	2100	420	10.8	1.0	4.0	0.0	0.00	0.00
Salad Dressing, Ranch FF, Saue	packet	1	10	0	125	0.00	0.00	20.0	0	0	0.0	0.0	3.0	0.0	0.00	0.00
Fruit - choice	1/4 cup	1	37	0	2	0.65	0.04	3.0	97	16	8.22	0.07	9.0	0.03	0.00	*0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00
Weighted Daily Average			509	25	864	4.65	2.71	653.0	2997	596	20.34	24.07	81.20	12.28	5.35	*0.00
% of Calories												18.9%	63.8%	21.7%	9.5%	*0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			79%	25%	58%	93%	82%	245%	290%		136%	274%				
Shortfall			131	75	636	0.35	0.59									

Week 3 - Tuesday																
Elementary	Total	1														
Chicken, nuggets	5 pc	1	230	55	590	0.00	1.44	20.0	100	20	0.0	17.0	12.0	13.0	3.00	0.00
Wheat Roll-Klosterman	oz.	1	70	0	140	1.00	0.72	40.0	0	0	0.0	2.0	14.0	1.0	0.00	0.00
Mashed Potatoes - potato pearl	1/2 cup	1	74	0	343	1.20	0.18	10.0	0	0	3.6	1.4	14.6	1.1	0.10	0.00
Gravy, chicken trio	1 oz.	1	18	0	145	0.00	0.00	0.0	0	0	0.0	0.0	3.0	0.5	0.25	0.00
Mandarin Oranges	1/4 cup	1	26	0	1	0.88	0.07	18.0	332	45	13.02	0.39	6.5	0.15	0.02	*N/A*
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00
Weighted Daily Average			561	65	1344	3.08	2.74	388.0	932	165	17.94	28.79	78.30	18.00	4.72	*0.00
% of Calories												20.5%	55.8%	28.9%	7.6%	*0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			88%	65%	90%	62%	83%	145%	90%		120%	328%				
Shortfall			79	35	156	1.92	0.56		101							

Week 3 - Wednesday																
Elementary	Total	1														
Corn Dog, Whole Grain, GFS	112 g	1	240	20	590	5.00	2.70	150.0	0	0	0.0	9.0	33.0	8.0	2.00	0.00
Mustard/Ketchup	1 set	1	10	0	88	0.00	0.00	0.0	0	0	0.0	0.0	1.5	0.0	0.00	*0.00
Baked Beans - Fairfield recipe	1/2 cup	1	170	0	589	5.33	1.66	55.3	262	41	2.64	6.38	40.01	0.52	0.10	*0.00
Fruit - choice	1/4 cup	1	37	0	2	0.65	0.04	3.0	97	16	8.22	0.07	9.0	0.03	0.00	*0.00
Chocolate Chip Cookie - Darlin	1 each	1	121	0	81	0.00	0.49	0.0	0	0	0.0	1.35	18.9	5.4	1.35	0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00

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Cycle No. 1 thru Cycle No. 20 Cycle Spreadsheet - Portion Values Elementary

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			723	29	1475	10.98	5.22	508.4	859	157	12.18	24.79	130.61	16.19	4.80	*0.00
% of Calories												13.7%	72.3%	20.2%	6.0%	*0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			113%	29%	98%	220%	158%	190%	83%		81%	282%				
Shortfall				71	25				174		2.82					

Week 3 -Thursday																
Elementary	Total	1														
Chili for Cinci Chili Spag	79 g	1	113	28	304	0.50	0.99	15.0	451	90	2.4	7.01	3.0	8.01	3.00	0.50
Pasta, spaghetti	1/2 cup	1	105	0	0	1.00	0.99	0.0	0	0	0.0	3.5	21.0	0.5	0.00	0.00
Cheddar Cheese cup	1 oz.	1	111	30	182	0.00	0.00	202.5	304	61	0.0	7.09	4.05	9.11	5.06	0.00
Salad, 1/2 cup romaine mix	serving	1	18	0	12	1.00	0.54	30.0	2100	420	10.8	1.0	4.0	0.0	0.00	0.00
Fruit - choice	1/4 cup	1	37	0	2	0.65	0.04	3.0	97	16	8.22	0.07	9.0	0.03	0.00	*0.00
Goldfish crackers, cheddar, wh	21 g	1	100	0	170	1.00	0.36	20.0	0	0	0.0	3.0	14.0	4.0	1.00	0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00
Weighted Daily Average			628	67	795	4.15	3.25	570.5	3451	687	22.74	29.66	83.25	23.90	10.42	*0.50
% of Calories												18.9%	53.0%	34.3%	14.9%	*0.7%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			98%	67%	53%	83%	98%	214%	334%		152%	338%				
Shortfall			12	33	705	0.85	0.05							OVER	OVER	

Week 3 - Friday																
Elementary	Total	1														
Sloppy Joe, JTM Reduced Fat	2.12 oz.	1	88	23	441	1.00	1.08	20.0	250	50	4.21	8.01	6.01	4.01	1.00	0.00
Corn Tortilla Chip Scoops	24.81 g	1	110	0	110	2.00	11.16	0.0	0	0	0.0	2.0	19.0	3.0	0.00	0.00
Carrot Sticks - package	2 packages	1	20	0	40	1.00	0.00	0.0	4000	800	4.8	0.0	6.0	0.0	0.00	0.00
Ranch Vegetable Dip - fat free	1 portion c	1	30	0	430	1.00	0.00	0.0	0	0	0.0	0.0	7.0	0.0	0.00	0.00
Fruit - choice	1/4 cup	1	37	0	2	0.65	0.04	3.0	97	16	8.22	0.07	9.0	0.03	0.00	*0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00
Weighted Daily Average			429	33	1148	5.65	12.61	323.0	4847	966	18.55	18.08	75.21	9.28	2.36	*0.00
% of Calories												16.9%	70.1%	19.5%	4.9%	*0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			67%	33%	77%	113%	382%	121%	469%		124%	206%				
Shortfall			211	67	352											

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Cycle No. 1 thru Cycle No. 20 Cycle Spreadsheet - Portion Values Elementary

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Week 4 - Monday																
Elementary	Total	1														
Hot Dog, Footlong, 3 meat	frank	1	230	55	770	0.00	1.08	60.0	0	0	0.0	8.0	2.0	21.0	7.00	0.00
Bun, Hot dog, foot long	1 bun	1	210	0	390	2.00	1.80	60.0	0	0	0.0	6.0	40.0	3.5	0.50	0.00
Baked Beans - Fairfield recipe	1/2 cup	1	170	0	589	5.33	1.66	55.3	262	41	2.64	6.38	40.01	0.52	0.10	*0.00
Fruit - choice	1/4 cup	1	37	0	2	0.65	0.04	3.0	97	16	8.22	0.07	9.0	0.03	0.00	*0.00
Hot dog cond. mustard/ketchep	set	1	30	0	281	0.00	0.00	0.0	0	0	0.0	0.0	6.0	0.0	0.00	*0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00
Weighted Daily Average			821	64	2157	7.98	4.91	478.4	859	157	12.18	28.44	125.21	27.29	8.95	*0.00
% of Calories												13.9%	61.0%	29.9%	9.8%	*0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			128%	64%	144%	160%	149%	179%	83%		81%	324%				
Shortfall				36					174		2.82					

Week 4 - Tuesday																
Elementary	Total	1														
Chicken, Breaded Rings	5 pc	1	206	51	602	0.00	1.80	20.0	50	10	1.2	14.0	12.0	12.0	3.00	0.00
Wheat Roll-Klosterman	oz.	1	70	0	140	1.00	0.72	40.0	0	0	0.0	2.0	14.0	1.0	0.00	0.00
Green beans	1/2 cup	1	25	0	380	2.00	0.00	20.0	200	40	3.6	1.0	4.0	0.0	0.00	0.00
Fruit - choice	1/4 cup	1	37	0	2	0.65	0.04	3.0	97	16	8.22	0.07	9.0	0.03	0.00	*0.00
Margarine, Country premium 5 g	portion	1	20	0	35	0.00	0.00	0.0	200	40	0.0	0.0	0.0	2.5	0.00	0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00
Weighted Daily Average			502	61	1284	3.65	2.89	383.0	1047	206	14.34	25.07	67.20	17.77	4.35	*0.00
% of Calories												20.0%	53.6%	31.9%	7.8%	*0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			78%	61%	86%	73%	87%	143%	101%		96%	285%				
Shortfall			138	39	216	1.35	0.41				0.66			OVER		

Week 4 - Wednesday																
Elementary	Total	1														
French Toast, thick slice	2 slices	1	260	75	440	2.00	2.70	150.0	100	20	0.0	10.0	47.0	5.0	2.00	0.00
Sausage link, turkey	1 link	1	61	31	122	0.00	0.54	10.0	50	10	0.6	6.0	0.0	4.0	1.00	0.00
Potato, Smiley Ore-Ida	4 pc	1	130	0	180	2.00	0.36	0.0	0	0	2.4	2.0	20.0	5.0	1.00	0.00
Juice, Orange 4 oz. frozen	4 oz. cup	1	50	0	15	0.00	0.00	0.0	0	0	60.0	1.0	12.0	0.0	0.00	0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00

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Cycle No. 1 thru Cycle No. 20 Cycle Spreadsheet - Portion Values Elementary

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			645	116	882	4.00	3.92	460.0	650	130	64.32	27.00	107.20	16.25	5.35	0.00
% of Calories												16.7%	66.5%	22.7%	7.5%	0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			101%	116%	59%	80%	119%	172%	63%		429%	308%				
Shortfall					618	1.00			383							

Week 4 - Thursday																
Elementary	Total	1														
Chicken, Breaded Patty	patty	1	230	55	590	0.00	1.44	20.0	100	20	0.0	17.0	12.0	13.0	3.00	0.00
Bun, Hamburger, Grain Essentia	1 bun	1	140	0	280	2.00	1.08	40.0	0	0	0.0	5.0	28.0	1.5	0.00	0.00
Carrots, Glazed	1/2 cups	1	65	0	71	1.24	0.25	22.3	7710	1542	1.12	0.01	8.04	4.14	0.64	*0.96
Fruit, fresh - choice	1/4 cup	1	39	0	0	1.07	0.08	7.7	24	4	9.71	0.38	9.65	0.03	0.01	*0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00
Weighted Daily Average			619	65	1067	4.31	3.18	390.0	8334	1666	12.15	30.39	85.89	20.92	5.00	*0.96
% of Calories												19.6%	55.5%	30.4%	7.3%	*1.4%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			97%	65%	71%	86%	96%	146%	807%		81%	346%				
Shortfall			22	35	433	0.69	0.12				2.85			OVER		

Week 4 - Friday																
Elementary	Total	1														
Breadstick, cheesy S & F	pc	1	300	35	610	1.00	2.70	200.0	200	40	0.0	15.0	37.0	10.0	3.00	0.00
Marinara portion cup - 2 oz.	portion cup	1	25	0	330	1.00	0.72	20.0	250	50	3.0	1.0	6.0	0.0	0.00	0.00
Broccoli/Cauliflower mix	1/2 cup	1	9	0	23	1.67	0.18	0.0	83	17	20.0	0.0	1.33	0.0	0.00	0.00
Fruit - choice	1/4 cup	1	37	0	2	0.65	0.04	3.0	97	16	8.22	0.07	9.0	0.03	0.00	*0.00
Assorted Milk	8 oz.	1	144	10	125	0.00	0.32	300.0	500	100	1.32	8.0	28.2	2.25	1.35	0.00
Weighted Daily Average			515	45	1091	4.31	3.97	523.0	1130	222	32.54	24.07	81.53	12.28	4.35	*0.00
% of Calories												18.7%	63.3%	21.4%	7.6%	*0.0%
Nutrient Guideline			640	100	1500	5.00	3.30	267.00	1033		15.00	8.78		<=30.0	<10.00	
% of Guideline Satisfied			80%	45%	73%	86%	120%	196%	109%		217%	274%				
Shortfall			125	55	409	0.69										

Weighted Average			611	68	1311	5.80	4.07	473.3	2315	457	27.06	26.84	94.40	17.81	6.12	*0.07
												17.6%	61.8%	26.2%	9.0%	*0.1%

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Cycle No. 1 thru Cycle No. 20 Cycle Spreadsheet - Portion Values Elementary

Nutrient	Menu AVG	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	
		% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)											
Calories	611		640	95%			29	Correction Required - Calories are Low										
Cholesterol (mg)	68		100	68%														
Sodium (mg)	1311		1500	87%														
Fiber (g)	5.80		5.00	116%														
Iron (mg)	4.07		3.30	123%														
Calcium (mg)	473.3		267.00	177%														
Vitamin A (IU)	2315		1033	224%														
Vitamin A (RE)	457		207	221%														
Vitamin C (mg)	27.06		15.00	180%														
Protein (g)	26.84	17.58%	8.78	306%														
Carbohydrate (g)	94.40	61.83%																
Total Fat (g)	17.81	26.24%	<=30.00%															
Saturated Fat (g)	6.12	9.01%	<10.00%															
Trans Fat (g)	0.07	0.11%			Missing													

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